



CLAIRPOINTE FAMILY CHIROPRACTIC

Nutritional Supplement Catalog



WHY SUPPLEMENTS?

I frequently get asked why taking pharmaceutical grade supplements are so important. After all, if we eat a healthy diet, we get everything we need, don't we? Well, not really. Many decades ago, crops were rotated to allow the fields to replenish their nutrients and the occasional farmland flood would put the minerals back into the soil. The fruits and vegetables you bought at the store were vine ripened and very good for your body. And if you ate well, you got everything you needed to be healthy. Vitamins weren't necessary.

Today, crops are bio-engineered to resist bugs and are grown in the same piece of tired old dirt, year after year, by bombarding them with fertilizer. Chlorine bleach is added to the watering systems and the veggies are picked before turning ripe. All this leads to fruit and vegetables that have little nutritional value. So it's not surprising that many scientists believe most illness in America comes from a deficiency state. That means your body just doesn't have the tools of nutrition to actually heal or prevent disease.

That's where supplements come in...but not just any supplements. Of the four types of nutritional supplements, veterinary grade is the only type not suitable for human consumption. It's not because they are toxic but rather it's because the molecule size is so coarse that it takes an animal to dissolve them because they have such strong stomach acid (my dogs eat tree bark and have no problem digesting that).

The next type is nutraceutical grade, and that's what you see at Wal-Mart, Sam's Club, CVS, and Walgreens. It is the coarsest of the three types approved for human consumption. Eighty percent of what is on the label passes through your system without being absorbed and only gives you very colorful urine. What your body needs is medical or **pharmaceutical grade**. They both use the finest and most easily dissolved molecules with only the pharmaceutical grade being certified as pure.

All of the vitamin and mineral formulas you'll find in this catalog are pharmaceutical grade. It's what my family takes and what I recommend for you too. If you are interested in finding out what supplements you may need, just stop at the front desk or call to make an appointment for a complimentary nutritional consultation.

--Dr. Shoe

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4Sight

Available in 60CT and 120CT

Eye Health

4Sight provides excellent support for those who want to maintain eye health and also for those seeking macular support as they age.

Suggested Use:

2 capsules per day or as recommended by your health care professional.



AdreneVive

Available in a 60CT

Immune Health | Stress Reduction | Women's Health | Weight Loss

This product is for those of us who have a great deal of stress in our lives and need to rebuild the strength of our adrenal glands and immune system. The primary ingredient is phosphatidylserine which neutralizes the stress hormone, cortisol. This product works even better when paired with **Cardio-B**.

Suggested Use:

2 capsules taken one or two times per day, or as recommended by your healthcare professional.



Alpha Base Capsules without Iron

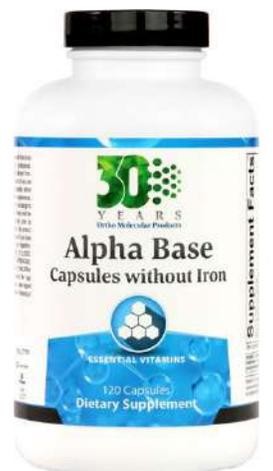
Available in 120CT and 240CT

Complete Nutritional Support

Using the best vitamin and mineral ingredients, and formulated using the highest standards, Alpha Base multivitamin surpasses all others in providing safe and effective life-long nutritional support.

Suggested Use:

4 capsules per day with food or as recommended by your health care professional.



Alpha Base Premier Pack

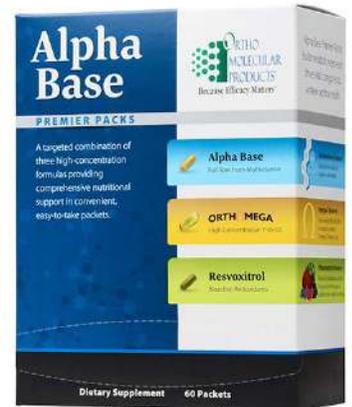
Available in 30CT and 60CT

Complete Nutritional Support

Alpha Base Premier Packs provide a targeted combination of three high-concentration nutritional formulas in convenient, easy-to-take packets. Each pack includes Alpha Base Capsules without Iron, a hypo-allergenic, comprehensive, high-quality blend of bioavailable vitamins and minerals. Orthomega 820 is also included, and contains 430 mg of eicosapentaenoic acid (EPA) and 390 mg of docosahexaenoic acid (DHA) omega-3 fatty acids per soft gel. Finally, each pack includes Resvoxitol, a unique combination of phytonutrients designed to enhance antioxidant potential in the body.

Suggested Use:

1 packet per day or as recommended by your health care professional.



Aved-Eze Multi Vitamin

Available in 60CT - In Stock at Clairpointe

Complete Nutritional Support

This product has been a good base-level multi-vitamin for many of our patients over the years. This nutraceutical grade formula will give you a boost in the areas where your diet is lacking.

Suggested Use:

Take 2 tablets daily with meals.



Bios Life 2

Available in 13 oz. powder - **In Stock at Clairpointe**

Cleanse, Detoxify, and Replenish

If you've been looking for a natural alternative to taking cholesterol lowering medication, this could be it. It's a special formula of fiber product that's been proven to lower your cholesterol naturally. It will take three canisters to complete the recommended 90 day program. Afterwards, you can use it once per day or take the **Lifiber** to maintain your healthy bowel habits.

Suggested Use:

For best result, take 5-10 minutes before your largest meal. Mix 1 rounded scoop (6g) with 8 to 10 oz. of cold water or juice. Mix vigorously, drink immediately.



Bone Fortify

Available in Powder (7.40 oz.) - **In Stock at Clairpointe**

Muscle, Bone, and Joint Repair | Women's Health

Fortify is a delicious drink-mix formula that contains a proper balance of ingredients to help you build stronger and healthier bones. Get the calcium, magnesium, vitamin D, and other nutrients that your body needs to maximize your bone health and your liveliness.

Suggested Use:

Take one scoop daily with water or juice. Best results taken with evening meal.



Botanicalm

Available in 60CT

Stress Reduction | Women's Health

Botanical is a concentrated blend of traditional botanicals for stress support, promotes a state of calmness and relaxation, reduces overstimulating and scattered thoughts.

Suggested Use:

1 or more capsules per day or as recommended by your health care professional.



Cardio B

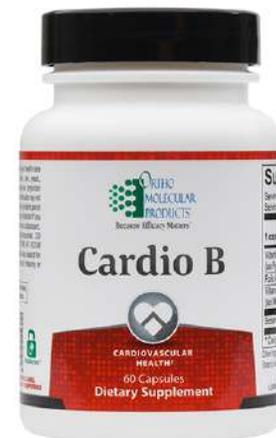
Available in 60CT and 120CT

Cardiovascular Health | Stress Reduction

It has been well established that the B vitamins, especially B-6 and B-12, are essential for good heart health. This product specifically reduces heart stress and when paired with **Adrene-Vive**, latterly cancels out the effect of negative stress in your body.

Suggested Use:

1 or more capsules per day or as recommended by your health care professional.



Chondro-Flx

Available in 90CT and 180CT

Muscle, Bone, and Joint Repair

Chondro-Flx combines glucosamine sulfate, chondroitin sulfate, vitamin c and bromelain, all of which support in joint integrity and movement and a normal inflammatory balance.

Suggested Use:

1 capsule three times per day on an empty stomach or as recommended by your health care professional.



CollaGEN

Available in 8 oz. powder

Muscle, Bone, and Joint Repair | Women's Health

Over time lifestyle factors can cause reduced elasticity in cartilage, tendons, ligaments and skin. This not only leads to wrinkles and decreased connective tissue, but to soft tissue and joint discomfort. To get maximum benefits, we suggest taking two months supply of CollaGEN then continuing with **Collagen Factors** to continue to maintain what you have rebuilt.

Suggested Use:

1 scoop (7.6 grams) in 8 oz of water or the beverage of your choice per day or as recommended by your health care professional. Can also be added to food and baking products.



Collagen Factors

Available in 60CT

Muscle, Bone, and Joint Repair | Women's Health

Collagen Factors support connective tissue in the skin, tendons, ligaments, cartilage, joints. We suggest taking collagen factors after using **CollaGEN** for 2 months to continue to maintain what you have rebuilt.

Suggested Use:

2 capsules per day or as recommended by your health care professional.



CoQ-10

Available in 30CT, 60CT and 120CT

Cardiovascular Health

Coenzyme Q10 (CoQ10), also known as ubiquinone, is a proenzyme produced naturally within the body. CoQ10 supports blood sugar balance already within normal levels, cardiovascular health, promotes neurological health, and enhances cellular energy production and physical performance.

Suggested Use:

1 capsule per day or as recommended by your health care professional.



Cosmedix

Available in 90CT

Women's Health

Cosmedix provides key nutrients for skin, hair and nails, enhances collagen formation, thickens and strengthens hair and nails and promotes hormone balance.

Suggested Use:

3 capsules per day or as recommended by your health care professional.



Digestzyme-V

Available in 90CT or 180CT

Cleanse, Detoxify, and Replenish

Millions of people suffer from digestive problems and the primary cause is not drinking enough water and a lack of good digestive enzymes. This product, taken 10 minutes before meals, helps you digest your food naturally and helps prevent reflux. This product is a must for anyone taking acid reflux medication. It works as well with Orthobiotic.

Suggested Use:

1 capsule 15 minutes before a meal or as recommended by your health care professional.



GABAnol

Available in 60CT

Muscle, Bone, and Joint Repair

The ingredients in GABAnol promote muscle relaxation and relief of smooth muscle tension following exercise or strenuous activity.

Suggested Use:

1-2 capsules three times per day or as recommended by your health care professional.



Glucosamine Sulfate

Available in 120CT - In Stock at Clairpointe

Muscle, Bone, and Joint Repair

The use of anti-inflammatory drugs (ibuprofen, aspirin, and acetaminophen) has been shown to interfere with the repair of cartilage and ligaments. Pharmaceutical grade Glucosamine is the natural solution to this problem.

Suggested Use:

1 capsule two times per day or as recommended by your health care professional.



LiFiber

Available in 1 lb power - **In Stock at Clairpointe**

Cleanse, Detoxify, and Replenish

This is a refill of the **Unicity Cleanse** fiber that many people like to continue to use after their 30 day cleanse. A scoop a day in your morning glass of water will supplement your fiber intake naturally. It is one of the few products on the market with both kinds of fiber that you need to be healthy; water soluble and non-water soluble. One jar should last for one to two months.

Suggested Use:

Add one level scoop (10 g) to 8 - 10 fl. oz. juice, water or beverage or your choice. Mix and drink immediately.



Natural D-Hist

Available in 40CT and 120CT

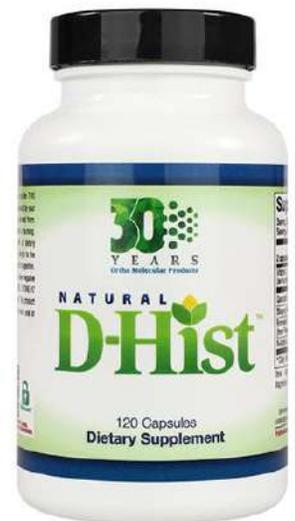
Allergy and Sinus

Allergies and respiratory distress are affecting more and more people these days. The common medical solution is to take anti-histamines that dry up the mucous but they dehydrate your body and make you drowsy. Natural D-Hist is an all natural product that prevents the release of histamine and reduces your allergic response naturally. Some of our most allergic patients have seen an amazing improvement in their allergies, and without any side effects.

Suggested Use:

Loading Dose: 2 capsules three times per day for 7-10 days or as recommended by your health care professional.

Maintenance: 2 or more capsules per day or as recommended by your health care professional.



Natures Tea

Available in 30 Mylar Tea Bags

Cleanse, Detoxify, and Replenish

This is a refill for the tea in the **Unicity Cleanse**. This sweet, soothing blend of ten Chinese and American herbs gently cleanses the urinary and intestinal tracts and provides additional support for the immune system. Many people like to use this tea after finishing the colon cleanse to keep them regular.

Suggested Use:

For ages 12 and older. Start slowly. Steep one tea bag per cup for 2-5 minutes. Increase steeping time gradually. Drink after evening meal. Drink hot or cold. Not for long term use.



Orthomega-Fish Oil

Available in 60CT, 120CT, and 180CT

Immune Support | Muscle, Bone, and Joint Repair

Numerous studies have proven the benefits of consuming omega-3 oils in benefiting heart and brain function and fish oil capsules are the best source available. With this product, you can be smarter and have good heart health too.

Suggested Use:

1 soft gel capsule per day or as recommended by your health care professional.



Orthobiotic

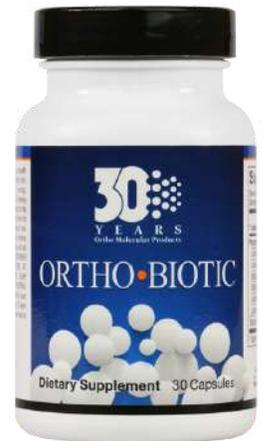
Available in 30ct - 60ct - In Stock

Cleanse, Detoxify, and Replenish

Most everyone knows that we all have happy bacteria in our digestive tract that help us digest the food we eat. Anti-biotics kill every bacteria they come in contact with, including the ones in your colon. Pro-biotics, on the other hand, replace these happy bacteria and restore normal digestive function. This product is chuck full of probiotics and a great daily supplement for most people.

Suggested Use:

1 capsule per day or as recommended by your health care professional.



Probiotic 225

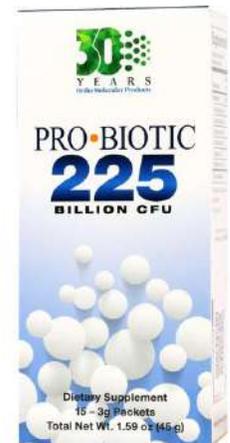
Available in 15CT Packets

Cleanse, Detoxify, and Replenish

Probiotic 225 is a maximum-strength probiotic for cases of acute gastrointestinal (GI) and immune challenges. Going beyond the threshold of traditional probiotic support, highdose probiotics influence gut health and immunity in ways lower-dose probiotics cannot.

Suggested Use:

Mix 1 packet into 8 oz of a cold beverage of your choice or as recommended by your health care professional.



Reacted Calcium

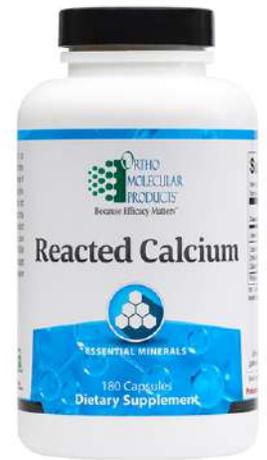
Available in 180CT

Muscle, Bone, and Joint Repair | Women's Health

Reacted Calcium has four different forms of calcium are used in the Reacted Calcium formula to maximize absorption in the body.

Suggested Use:

1-2 capsules three times per day or as recommended by your health care professional.



Reacted Cal-Mag

Available in 90CT and 180CT

Muscle, Bone, and Joint Repair | Women's Health

Reacted Cal-Mag includes 200 mg of elemental calcium and 175 mg of elemental magnesium per serving, each ideally formulated using three mineral forms to ensure maximum absorption.

Suggested Use:

1-2 capsules three times per day or as recommended by your health care professional.



Reacted Iron

Available in 60CT

Women's Health

Iron is one of the most abundant minerals on earth. It is essential to the majority of life forms, especially human physiology. Iron supports prenatal and cognitive health, as well as energy balance. Reacted Iron is very gentle on your stomach and will not constipate you.

Suggested Use:

1 capsule per day or as recommended by your health care professional.



Reacted Magnesium

Available in 60CT, 120CT and 180CT

Muscle, Bone, and Joint Repair | Cardiovascular Health

Reacted Magnesium provides three unique forms of highly-absorbed magnesium to ensure maximum absorption. Most magnesium supplements use only a single-source of magnesium, and is uncomfortable on the stomach. These forms of magnesium used in Reacted Magnesium preserve GI comfort while maximizing absorption and restoring magnesium levels in the body.

Suggested Use:

2 or more capsules per day or as recommended by your health care professional.



Reacted MultiMin

Available in 120CT

Muscle, Bone, and Joint Repair

Reacted MultiMin provides an ideal balance of highlyabsorbed minerals combined with the benefits of betaine HCl to prime digestion and improve the absorption of vitamins and minerals. Numerous studies have reported that adequate mineral levels play an essential role in maintaining optima health by supporting bone, muscle and cardiovascular health.

Suggested Use:

4 capsules in divided doses per day or as recommended by your health care professional.



Sago C

Available in 240 grams of powder- **In Stock at Clairpointe**
(Approx. 52 servings per bottle)

Immune Health | Allergy and Sinus

High quality Vitamin C is one of the best immune system boosters and antioxidants you can use. Each container has 240 grams of C and that's enough to keep your family in good health for a full year.

Suggested Use:

- Mix Sago C powder with fruit juice or water.
- Do not mix with carbonated beverages.
- May accelerate bowel movements

Adult Dosage Schedule:

WELLNESS DOSAGE 0- ¼ teaspoon* 1 time per day
RUN DOWN DOSAGE ½ teaspoon* 1 time per day
"I'M SICK" DOSAGE ½ teaspoon* 2 times per day
"CALL THE CORONER" ½ teaspoon* 3 times per day

Children's Dosing Schedule

Children under 40 pounds 1/8 teaspoon
Children 40-80 pounds ¼ teaspoon



Sinatrol

Available in 60CT

Allergy and Sinus

Sinatrol is a unique nutrient and botanical formulation providing effective support for upper respiratory challenges. Standardized botanical extracts and nutrients support sinus health by reducing the viscosity of mucus, clearing airway passages, and promoting nasal microbial and inflammatory balance.

Suggested Use:

3 capsules per day or as recommended by your health care professional.



Unicity Cleanse

Cleanse, Detoxify, and Replenish

A powerful purifying system, Unicity Cleanse contains all-natural cleansing and digestive health products to neutralize and dislodge toxins, waste, and parasites and remove them from your body. Containing **Unicity Liferiber**, **Unicity Paraway Pack Plus**, and **Unicity Nature Tea**, it acts like a gentle brush—grabbing buildup and cleansing your entire digestive system. Cleanse with Nature's Tea helps rid the body of toxins with a steeped daily tea.



Suggested Use:

Unicity Liferiber- Add one level scoop (10 g) to 8 - 10 fl. oz. juice, water or beverage or your choice. Mix and drink immediately.

Unicity Paraway Plus- Take 2 capsules in the morning for the first 10 days, then 5 capsules in the morning for 20 days. Do not exceed 5 capsules a day.

Unicity Nature Tea- For ages 12 and older. Start slowly. Steep one tea bag per cup for 2-5 minutes. Increase steeping time gradually. Drink after evening meal. Drink hot or cold. Not for long term use.

Vascuzyme

Available in 120CT and 240CT

Muscle, Bone, and Joint Repair

Vascuzyme, a comprehensive multi-enzyme formula, helps support normal blood circulation and vessel function, and maintains normal inflammatory balance. It also promotes recovery from exercise and physical stress by supporting the breakdown of unwanted proteins, aiding the body's natural repair processes.



Suggested Use:

2 capsules per day on an empty stomach or as recommended by your health care professional.

Viracid

Available in 60CT

Immune Health

Viracid includes a powerful combination of key nutrients and botanical extracts that provide support for immune challenges. When you feel a cold coming on, taking Viracid can help boost your immune system and shorten your sick time.

Suggested Use:

Immediate Immune Support: 1-2 capsules per hour or as recommended by your health care professional.

Immune maintenance: 2 capsules per day or as recommended by your healthcare professional.



Viracid Blister Packs

12CT in a Pack

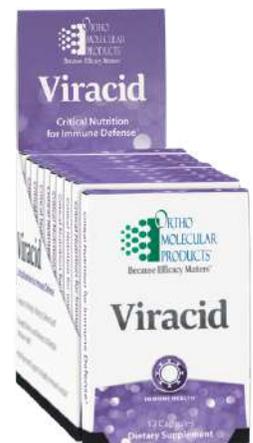
Immune Health

Viracid includes a powerful combination of key nutrients and botanical extracts that provide support for immune challenges. This is in a travel pack size to take with you when you start to feel a cold coming on.

Suggested Use:

Immediate Immune Support: 1-2 capsules per hour or as recommended by your health care professional.

Immune Maintenance: 2 capsules per day or as recommended by your healthcare professional.



Vitamin K2 with D3

Available in 30CT and 60CT

Immune Health | Muscle, Bone, and Joint Repair

Vitamin D has always been known as a promoter of good bone health. Now research is showing that it is also a key element in good immune function. Combining it with Vitamin K2 is the best absorbable D product on the market. It is especially good to take Vitamin D in the winter months when sunlight is not too abundant.

Suggested Use:

1 capsule per day or as recommended by your health care professional.



Wild Yam Cream

Available in 2 Oz. tube

Women's Health

As a woman's body matures it is natural for her estrogen production to slow down. If her progesterone levels are too low, the body cannot tolerate the lower estrogen levels. This can cause headaches, hot flashes, and irregular menstrual cycles. Certain wild yams contain the progesterone you need and replace it in your body naturally. Just apply a small amount to the skin on your abdomen every day and you may see amazing results in just a few weeks.

Suggested Use:

Massage 1/4 tsp. daily for 21 days, discontinue for 5-7 days, then repeat the cycle. Apply on inner arms, face, neck, chest, breasts, palms of hands (if not callused) retaining sites daily.



Zinc Lozenges

Available in 90CT - In Stock at Clairpointe

Immune Health

When you get a sore throat, it's generally the start of an upper respiratory infection. If you can stop it in its tracks you usually won't get the rest of the illness. Zinc enhances your immune response so it can beat the bacteria or virus before it gets fully into your system.

Suggested Use:

Dissolve one or two tablets in the mouth at the first sign of seasonal symptoms, then every two hours as needed.



CHILDREN'S SUPPLEMENTS

Aved-Kids Multivitamin

Available in 60CT and 120CT

Complete Nutritional Support

While everyone knows the benefit of multivitamins, the challenges has been getting younger kids to take them. Aved-Kids Multivitamin are a good tasting, chewable multivitamin that is all natural in a tiger shape.

Suggested Use:

Chew 2 tablets daily with meals.



D-Hist Jr.

Available in 60CT

Allergy and Sinus

This product is the same as Natural D-Hist but at one-half the dosage for kids. If you're not happy with your kids taking allergy medicine, this has proven to be a great alternative in most cases of seasonal allergies.

Suggested Use:

Loading Dose: 2 capsules three times per day for 7-10 days or as recommended by your health care professional.

Maintenance: 2 or more capsules per day or as recommended by your health care professional.



Flora Bites

Available in 20 Chewable Orange Tablets in a Box

Cleanse, Detoxify, and Replenish

Flora Bites are a chewable cube form that is an easy, fun way for children to achieve optimal probiotic support.

Suggested Use:

1 or more chewable cubes per day or as recommended by your health care professional.



FloraBoost

Available in a 1.8 oz. powder

Cleanse, Detoxify, and Replenish

The strains of probiotic bacteria in FloraBoost have been strategically selected based on research which supports their survivability and adherence to the intestinal tract. FloraBoost comes in a powder form for easy administration to children.

Suggested Use:

Add one scoop (1.7 grams) to a glass of water or the beverage of your choice, stir and drink, or as recommended by your health care professional.



Kid-D Liquid Drops

Available in a 1 oz. liquid

Immune Health

Kid-D Liquid Drops is a convenient way to ensure kids maintain optimal vitamin D status. It delivers a targeted amount of vitamin D in an odorless, tasteless liquid that can be added to any beverage

Suggested Use:

Add one scoop (1.7 grams) to a glass of water or the beverage of your choice, stir and drink, or as recommended by your health care professional.



Orthomega Pearls – Kids Fish Oil

Available in 120CT

Immune Support | Muscle, Bone, and Joint Repair

This is the exact same product as our famous Orthomega Fish Oil capsules but in a much smaller caplet, or pearl, to make it easier to swallow. This is a great product for kids.

Suggested Use:

1-4 soft gel capsules per day in divided doses or as recommended by your health care professional. Capsules may be chewed or swallowed. Chewed capsules can be swallowed or expelled.

