



## Dr. Shoemaker's Recommendation for Sago C

[www.clairpointe.com](http://www.clairpointe.com)

Since the ability of your body to utilize Vitamin C is directly related to its quality and its potency, Sago C is specifically designed to give you the greatest impact to your health.

Dr. Shoemaker has used Sago C since 1981 as a tool to avoid antibiotics.

### **Adult Dosage Schedule:**

WELLNESS DOSAGE 0- ¼ teaspoon\* 1 time per day

RUN DOWN DOSAGE ½ teaspoon\* 1 time per day

"I'M SICK" DOSAGE ½ teaspoon\* 2 times per day

"CALL THE CORONER" ½ teaspoon\* 3 times per day

### **Children's Dosing Schedule**

Children under 40 pounds 1/8 teaspoon

Children 40-80 pounds ¼ teaspoon

-Mix Sago C powder with fruit juice or water

-Do not mix with carbonated beverages

-May accelerate bowel movements

Take the recommended dosage until symptoms subside. Then take ½ that dosage for 2 more weeks before returning to the wellness dose.

Dr. Shoemaker recommends that you store your Sago C with the cap on tightly and away from the light to maintain its potency.